

# Neurofeedback *Clinical Summit*

May 24<sup>th</sup> – May 26<sup>th</sup> 2012  
Schlosshotel Berg near Munich

**EEGInfo** 

Neurofeedback aus einer Hand

[www.eeginfo.ch](http://www.eeginfo.ch)



## **With Susan and Siegfried Othmer**

The Clinical Summit can be seen as an advanced course for those who have visited the introductory Neurofeedback course held by Sue and Siegfried Othmer or already have gained experience with the Othmer method. It is also open to those who have visited the German-language courses held by Meike Wiedemann and Philippe Gauffriau. The Clinical Summit will be held in English language by Sue and Siegfried.

## **Three-day Clinical Summit for Neurofeedback practitioners**

The Clinical Summit is designed to provide updates from the EEG Institute as well as allow ample time for sharing strategies and results with other Neurofeedback clinicians. The fairly new infra-low-frequency training that has shown astonishing results will also be subject of the Clinical Summit. There will be time to learn about and try out new Neurofeedback instrumentation and other complementary programs and devices. The formal program begins Thursday morning and ends Saturday evening. We offer individual support time before and after the formal program. We are looking forward to sharing our new techniques and understanding of this powerful tool we all use every day. We are also excited to provide a forum in which Neurofeedback clinicians can get together and share their successes and challenges.

## **What you will learn:**

- New EEG training approaches, such as the infra-low-frequency training
- How to optimize your clinical results
- How to fine-tune reward frequencies
- Integrating multiple Neurofeedback perspectives
- Understanding and applying assessment data
- Implications for Neurofeedback approaches
- New: More opportunity to meet and hear from other clinicians.

### **Who should attend:**

Health and mental health practitioners with at least one year of Neurofeedback experience who wish to add to their Neurofeedback clinical skills, find out more about the latest clinical thinking and equipment advancements, and hear from other professionals who are experiencing many of the same success and challenges in this field.

### **Prerequisites:**

- Introductory Clinical Course in Neurofeedback
- One year minimum Clinical Experience in Neurofeedback is preferred

### **What to Bring:**

Attendees are invited to bring their laptop computers to be loaded with the latest Neurofeedback software at the course for trial and evaluation. We also encourage attendees to bring questions, ideas and success stories to share.

### **Credits:**

Psychologists/Psychotherapists/MDs: 30 training points from the Bavarian Psychotherapist Chamber.

Occupational therapists: 22 training points for the whole course

*Participants must have paid tuition fee, signed in and out each day, attended the entire seminar, and completed an evaluation, in order to receive a certificate of completion/attendance.*

### **About the lecturers:**

#### **Dr. Siegfried Othmer, BCIAC**

*Chief Scientist, EEG Institute*

Siegfried Othmer continues to be involved in the development of new clinical modalities to promote self-regulation, as well as to evolve a framework for the understanding of our methods. He acts as the EEG Info link to the scientific world and coordinates studies in the field of neurofeedback. He also labors to promote the field in general, and to enhance professional training in Neurofeedback.

#### **Susan Othmer, BCIAC**

*Clinical Director, EEG Institute*

Susan Othmer is a leader in the clinical application of Neurofeedback with 30 years of clinical experience. She has introduced almost 5000 professionals to the field of Neurofeedback and continues her clinical work and development of new assessment and training approaches as Clinical Director of the EEG Institute in California.

# Course Schedule

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## Day 1

**8:30 - 9:00**

***Welcome and Introductions***

**9:00 - 12:30**

***A Glimpse Ahead for EEG Info and the Field with Kurt Othmer***

- New developments: instrumentation, research and outreach

**12:30 - 14:00**

*Lunch*

**14:00 - 18:00**

***Theory Update with Siegfried Othmer***

- Infra-low frequency training: The neurophysiological basis
- The state of brain imaging and the Default Mode Network
- Resting state networks
- New developments in CPT analysis

## Day 2

**8:30 - 12:30**

***Assessment Update with Sue Othmer***

- Patterns of dysregulation – refining the categories
- Understanding and using new symptom profiles
- Assessment and outcome measures

**12:30 -14:00**

*Lunch*

**14:00 - 18:00**

***New Technology Practicum with EEG Info Staff***

- Expert assistance and hands-on opportunity with products and programs
- Sign up for a personal neurofeedback session with clinical staff
- Information on membership and Othmer Method Certification
- Optional presentations (see below)

**14:00-16:00**

***Marketing Discussion with Kurt Othmer***

- Empowering word-of-mouth marketing with social networking

**16:00-18:00**

***Role of CPT and QEEG/ERP in Assessment with Siegfried Othmer***

- New interpretation of CPT data
- Characterizing the major EEG frequency bands
- Meaningful data derived from Quantitative EEG and Event Related Potentials
- Implications for assessment and training

## **Day 3**

**8:30-12:30**

***Training Update with Sue Othmer***

- Working with infra-low reward frequencies
- New Infra-low application in Cygnet
- New starting sites and reward frequency
- Adding basic sites
- 1-Channel and 2-channel Alpha-Theta training
- 1-Channel bipolar versus 2-channel sum training

**12:30-14:00**

*Lunch*

**14:00-18:00**

***Continued Practicum and Technical Assistance***

- Personal training sessions – infra-low or alpha-theta
- Individual assistance with hardware or software
- Optional presentation (see below)

**14:00-16:00**

***Latest Results in Remediating PTSD with Siegfried Othmer***

- Analysis of group symptom tracking and CPT data
- Confirmation of the dysregulation model
- Implications for TBI

***End of formal program***

## Organizational Notices

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**Date:** May 24<sup>th</sup> – May 26<sup>th</sup>, 2012

**Location:** Schloss Hotel Berg, Am Ölschlag 9, 82335 Berg/Germany  
(near Starnberg, close to Munich) <http://www.hotelschlossberg.de>

**Notice:** The hotel is located in a wonderful landscape next to Lake Starnberg.

**Language:** The course will be held in English.

### Neurofeedback equipment:

You are invited to bring your own Neurofeedback equipment and use it during the practicum.

**Please make sure to bring along a suitable connector plug/adapter for the German system!**

### Course Fee:

Entire course per person 949 €

„Early bird rate“: sign up before February 21<sup>st</sup>: 890 € (only for 1<sup>st</sup> person)

„Partner discount“: for 2nd person 890 €

Single day, per day and person 320 €

Included in the course fee is:

- Lunch for all three days (excl. extra beverages)
- Snacks and beverages in breaks, unlimited coffee
- 1 Set of course material (*booklet with all slides as well as CD*)

### Accommodation:

For the duration of the course we have reserved a limited contingent of single rooms at a special price of € 90.- Euro per night including breakfast buffet. Please let us know if you would like us to book a room for you. **Booking the room with us is possible only as long as the contingent lasts.**

In case you are interested in a double room for € 139,- or have special requests, please contact us in time.

### Cancellation/Refund Policy:

#### 1. Course:

We try to offer high quality and convenience to you. As a part of that, we want to allow for your maximum flexibility. Therefore, cancellations made until 30 days prior to the course are free of cost. Cancellations made within 7 to 30 days prior to the course will be subject to a fee of 50% of the course fee. If the cancellation is made within the 7-day period prior to the course, the entire course fee will have to be paid.

#### 2. Hotel room:

In case you requested a hotel room, the cancellation policy is: until 90 days prior to the course: no cost; until 40 days prior to the course: 50% of the room fee is to be paid, until 10 days prior to the course: 90% of the room fee is to be paid, after that, full (all in case the hotel cannot fill the room otherwise).

### Registration:

Please register via the registration form on our homepage: [www.eeginfo.ch](http://www.eeginfo.ch).

In the attachment you will find our General Terms and Conditions for courses.

## **Our General Terms and Conditions for Courses**

Our terms and conditions are applicable to all courses offered by BEE Medic GmbH. In the following BEE Medic GmbH is called course organizer. Trainings, workshops, courses or seminars are called course in the following. For all mutual claims arising from or in connection with a contract between the customer and the course organizer always the terms and conditions valid at the time the contract is signed apply.

### **Course Descriptions**

Each course is based on its individual course description on [www.eeginfo.ch](http://www.eeginfo.ch). It contains specific information on each course offered by us and contains information about the purpose and content of the course, as well as information about course rooms, food and accommodation.

If any details of the seminar description are in conflict with the terms and conditions, the details of the course description shall prevail. The description of each course is an integral part of these terms and conditions. Food, travel and accommodation costs are not included in the course fees, unless explicitly stated in the course description differently.

### **Sign-On**

For mandatory registration the appropriate online registration form on [www.eeginfo.ch](http://www.eeginfo.ch) must be completed. Alternatively, the registration form provided by the course organizer can be filled out and returned by e-mail or post. The maximum number of participants may be limited. Registrations will be considered in the order they are received and will be confirmed by the course organizer, or declined without giving any reason, in writing or by electronic means. The applicant agrees to the storage of his data under consideration of the federal data protection law and by his registration he expressly permits the course organizer to contact him in writing or by telephone.

### **Services and Fees**

For information on the course fees, and their underlying services, please see the course description belonging to the respective course. The money must be transferred to the bank account stated on the invoice until the date of payment stated on the invoice. For later sign-ons, payment must be made until the course beginning at the latest.

### **Cancellation by the Course Organizer**

The course organizer may, at any time, cancel a seminar with good cause (too few participants, illness of a lecturer, etc.), or may exclude individual members from participation of the seminar without naming the reason, even after confirmation of registration. In this case, the affected participants will be informed immediately and will be returned pre-paid seminar fees in full. Further claims can not be invoked, especially the cost of already booked rooms, travel expenses, lost earnings, etc.

### **Cancellation by the Participant**

The conditions for cancellation noted on the respective registration form apply. These arrangements apply, unless a substitute participant is named and registered.

### **Implementation Deviation**

The seminar organizer reserves the right to change dates and places of execution.

### **Copyright**

All rights of reproduction and duplication of training materials or parts thereof are reserved by the seminar organizer. No part of the course materials may, in whole or in part, be distributed in any form, not even for use in lectures, without written consent of the course organizer. Any software that may be provided during the course may not be copied in part or entirely.

### **Liability**

The course organizer assumes no liability for objects of any kind the customer or seminar participants brought with them to the courses. Each participant is fully liable for himself and his actions within and outside the organized event. He is fully responsible for any damage he does.

## **12. Applicable Law and Court of Jurisdiction**

The contract entered into on the basis of these General Terms and Conditions for Courses is subordinate to Swiss law solely.

Responsible for the clarification of litigation resulting from this contract are the courts of our registered office solely. But we are entitled to prosecute the Purchaser in his regular court of jurisdiction also.